



SACRED- CARERS WORLD WIDE



Annual Report of Caring For Carers programme Kurnool/ Anantapuramu Districts 1st April-2022 to 31st March 2023

In the year 2013 had an opportunity for first time journey with carers worldwide founder director Mr. Anil K. Patil to begin carers program in one mandal named peapully with a membership of 100 carers, now carers programme expanded in all 20 mandals of SACRED Project, formed 298 cares groups with membership of 3354. SACRED has been effectively functioning by implementing caring for carers programme since one decade with the collaboration of carers worldwide U.K. The organization foundation to establish carers groups to built strong foundation their by mandal level cerers association will be formed, the regional level, district level Thrinethra carers association, they have good networking with district, mandal and village level. They are expanded to associate AP State Level Carers Forum (APSLCF), AP, India.

The details stated the bellow tables

- 1** No of Districts : 2 **4** No of Carers Membership : 3354
2 No of Mandals: 20 **5** No of Carers Groups Formed : 298
3 No of Villages Covered : 365

A) Carers Group Details

SL NO	Carers Basic Information	As on Previous Report			During This Report			Total		
1	No of Carers Groups formation	235			63			298		
2	No of carers Covered in to Carer Groups	Female	Male	Total	Female	Male	Total	Female	Male	Total
		1854	735	2589	526	239	765	2380	974	3354

B) Carers Savings/Loans:

SL NO	Carers Saving Details	As on Previous Report	During This Report	Total
1	No of carers groups under savings	141	0	141
2	No of Groups Having Bank Accounts	64	1	65
3	No of Groups Having Postal Accounts	74	2	76
4	Total Savings Amount (In Rupees)	4,41,020	29486	4,70,506

		Female	Male	Total	Female	Male	Total	Female	Male	Total
5	No of carers Under Savings	837	352	1189	26	13	39	863	365	1228
6	No of carers received Loans from savings and Loan Amount (Rupees)	59/ 256000	34/ 150000	93/ 406000	6/ 50000	3/ 20000	9/ 42000	65/ 256000	37/ 150000	102/ 406000
7	Total Amount Repaid	125500	86600	212100	18800	9300	144300	144300	95900	240200
8	Balance Amount under Loan	130500	64000	194500	111700	16580 0	277500	111700	165800	277500

Brief narration of Empowerment

After forming carers group, they are more encouraged to start saving scheme 141 carer groups opened the bank and postal bank accounts running thrift and credit scheme. At present 4,70,506/- saved amount in their accounts .SACRED facilitating role to strengthen community based organizations ultimately to become independent CBOs. The main aim of the carers groups for the carers recognition by Government towards Empowerment and Advocacy.

2) Carers Health:-

SL N O	Activities	As on Previous Month			During This Month			Total		
		F	M	T	F	M	T	F	M	T
1.	No of Carers Attend to Doctor counselling and got medicine from PHC's/104	1382	608	1990	186	54	240	1568	143 6	3004
2.	No of Carers access medicine support from SACRED	53	26	79	3	2	5	56	28	84
3.	No Carers got Alternative Care throug Community Care Centers / S.S.A /AnganWadi Centers	244	85	329	63	29	92	307	114	421

SACRED NGO has good networking relationship with government departments such as health, revenue, MGNREG, Education and DRDA. Total 465 carers treated minor & major diseases from PHCs, Sub centers and Asha workers

As many as carers receiving chronic diseases treatment from District hospital such as tuberculosis, leprosy, cardiac , abdominal health issues and gynec problems etc..

As an SACRED allocated financial help for 19 poor carers health bills reimbursed IRS .24,500/- from own resources.

Alternative and respite care

The family members recognized how important to provide and support by one person is burden in the family. After carers interventions 60% of the family members recognized and supported alternative and respite care.

6 community care centers run successfully in 20 mandals of the project area. More than 100 children benefited from community care centers during one year period. The children improved their social, physical and counseling

support from community care centers. The community care teachers teaching children on daily living skills, speech language, physio therapy skills, playing games and songs on day calender.

The government running Bhavitha centers at mandal head quarters. The carers expressed their gratitude to keep children in schools whole day the parents can go agriculture job or engaged field activities and get income for the family.

3) Lively Hood programme:-

SL NO	Carers Lively Hood Details	As on Previous Report			During Report			Total		
		F	M	T	F	M	T	F	M	T
1	No of Carers manage Lively Hood Activities	208	127	335	18	11	29	226	138	364
2	No of Carers Received Loans	155	76	231	5	4	9	160	80	241
3	Total Received Amount	1270000	550000	1820000	50000	40000	90000	1320000	590000	1910000
	Total Amount Repaid	700800	263900	983000	12900	9600	53700	713700	273500	1036700
	Balance Amount	1576800	698800	2275600	788400	349400	1137800	606300	316500	873300
4	Loan Received from Thrinethra carers Association, & carers programme	119	51	170	5	4	9	133	61	194
	Loan Received Amount	1130000	340000	1390000	50000	40000	90000	1180000	380000	1560000
	Repaid Amount	626800	193500	817600	25500	19670	45170	652300	213170	865470
	Balance Amount	818000	254200	1072200	527700	166830	694530	527700	166830	694530
5	Loan Received from SACRED	8	5	13	-	-	-	8	5	13
	Loan Received Amount	80000	50000	1,30,000	-	-	-	80000	50000	130000
	Repaid Amount	80,000	47600	1,27,600	3100	14200	17300	80000	47600	127600
	Balance Amount	0	2400	2400	0	2400	2400	0	2400	2400
6	Loan Received from MMS/ Bank	16	12	28	0	0	0	16	12	28
	Loan Received Amount	260000	200000	480000	0	0	0	260000	200000	480000
	Repaid Amount	58100	52000	86200	48500	36900	85400	106600	88900	195500
	Balance Amount	201900	148000	349900	153400	111100	284500	153400	111100	284500
7	No of Carers Undergone Skill Training	40	17	57	-	-	-	40	17	57
8	Increased income level of Carers Avarage)Families (Income	3100	3500	-	3100	3500	-	3100	3500	-

9	No of carers engaged in MGNREGS Work	2275	928	3203	193	123	316	2468	1051	3519
10	Increased income Level of carers From MGNREGS work(Average Income)	4200	4800	-	4200	4800	-	4200	4800	-

Brief Narration about livelihoods:

Livelihood activities one of the key intervention supporting economic development for the carer families. It is witnessed 33 carers increased income source during the reference period.

Thrinethra carers association have capital fund IRS 4,23,189/- out of which 24 carers accessed loan from this fund. They are good in repayment on monthly basis.

The second economic activity MGNREG program, 316 carers 49 days exercised scheme and earned IRS 186/- per day total IRS. 28, 80,000/- during one year period.

The 3rd economic activity skill development under this programme 6 carers received sewing machines out of which they earned IRS 150/- to 200/- per day. IRS 4500/- to 6000/- per month. It is big finance support for the family, Majority of the carers having confidence on economic development activity

4) A) Staff trainings & Meetings:-

SL NO	ACTIVITIES	As on Previous Report	During This Report	Total
1.	No of Staff Undergone Trainings / How many days	22/106	22/6 days	22/112
2.	No of Programmes on Showing of Carers Documentry Film at Village / Mandal / District / National Level	79/3037	08/162	87/3199

SL NO	Thrinethra Carers Association	As on Previous Repot	During This Report	Total
1.	Total Executive Members of Thrinethra carers Association	42	9	51
2.	No of TCA EC Members Received capacity building Trainings	13	13	26
3.	No of General Body carers Participated capacity building Trainings	347	25	372
4.	No of TCA EC Members Attend to the Quaterly Meetings	39	8	47
5.	No of Carers Attend to the Mandal Level General Body meetings	1861	421	2282
6.	No of Convergence & Net work meetings with Govt / Other NGO's	46	2	48
7.	Carers Day Celebrations / District, State, National Level Seminars	3	-	3
8.	Govt Resource Accessed to the Carers By TCA	126	32	158

B) Thrinethra Carers Association/Advocacy Activities:-

Thrinethra carers E.C members and Mandal level leaders training:

Mandal level carers leaders trained in Leadership, Team Building, Right To Information ACT 2005 etc... they are capable to address the issue with government departments mandal and district level.

The special training inputs on gender sensitization 2 days training organized by RYDT NGO Ananthapur. All the staff undergone this training 3 days on technical and therapeutic interventions by SACRED resource person. One day online training organized by NIMHANS Bangalore on community mental health programme by Dr.Sridevi , Dr. Janardhan Bangalore and other faculty staff.

Advocacy

The government of AP announced conduct survey on pension receivers with collaboration CBOs . Thrinethra carers association submitted memorandum to district collector to stop the survey and continue pension scheme **as on present pensioners are eligible.**

Secondly merging of Disabled welfare office in to other government department. Immediately all CBOs taken action sending of MOUs and register posts to the Chief minister, chief secretary and collector. Finally the government dropped merging of the disabled **welfare Department.** It is grate success for the recognition of CBOs.

High Lights

Carers' day celebrations

Carers worldwide, UK announced all partners in 3 countries to organize Carers Day Celebration on the same day, October 19, 2022. SACRED organized in Adoni Mandal from 20 mandals around 200 carers participated in this event, began rally with color ful flexies, banners, flav cards on the street of Adoni town to create awareness on carers issues and recognize the carers issues by government, while processing the rally pamphlets distributed to the public. The public reported carers are the new concept we are hearing for first time, they exercised we are extremely happy to hear the carer's problems. After the rally public meeting organized at MPDO office Adoni. The carers charter red by the members and signed by the public and government staff.

During the public meeting Revenue department superintendent, Panchayat secretary from MPDO, office, Area team leader from RDT attend to this meeting.

The superintendent of RDO office expressed "I assumed it is a meeting for people with disabilities, first time I am hearing the carers problems by sharing the carers stories, carers also have lot of Health , Economic, Emotional and Social problems. If you want recognize by government you have to approach higher authorities at state level. The state authorities recognize we can recognize and implement the schemes for carers at the village level.

MPDO sectary explained first time I receive carers concept, SACRED NGO extremely helping for people with disabilities, its also good for the SACRED working for carers in all the mandals, Kurnool District.

State Level carers forum meeting : (APSLCF)

In this year AP State Level Carers Forum meeting conducted at Cheyutha early intervention center Vijayawada. 6 NGOs participated in this conference, mainly focused on carers issues and the implementation of carers project. SACRED presented PPT Presentation at Cheyutha centre, Vijayawada.

South India Carers dissemination work shop, NIMHANS, Bangalore:

Carers worldwide conduct south Indian carer's conference at NIMHANS, Bangalore, Sharing carers experiences by the partners from different states. The participants invited from different states of South India, to share and disseminate the carers experiences from different state. It is mainly focused how carers are facing problems and struggles to overcome solutions and experiences discussed in this workshop.

SACRED and Thrinetra carers association has an opportunity to present each carers experiences. Mr.Toofan raju, Mrs.Mehboobi and Mr.Mallikarjuna explained their past experiences and present status after carers intervention. The Director of SACRED presented power point on community care center and its effective functioning towards carers alternative caring, simultaneously carers engaged to go for livelihood and job opportunities.

Visitors programme:

It is amazing opportunity to visit SACRED project by Dr Christoph, Ms.Angela and Ms.Livia from Switzerland for 2 weeks to learn SACRED CBR activities . They participated mandal level carers meeting in peapully office, they watched carers film and asked the questions to clarify with the carers. Dr christoph very impressed to hear the issues of carers particularly severely injured carers such as spinal cord, mental retardation, cerebral palsy and mentally ill persons carers. It is a challenging for carers how they can manage every day throughout the life. In case if we treat severe injured person to provide treatment with carers help required, we may not provide correct diagnosed and treatment. It is a practical issue expressed by Dr.Christoph.

Lessons learnt:

During the first meeting of new mandal carers have lot of doubts and assumptions , RDW and coordinator of the old mandal explained the experiences of carer's issues. They found and expressed it is a new concept for us to learn. After watching the documentary film most of the carers wondering and reacting the carers issues, they realized we have similar problems facing but not expressing outside. We also should learn the previous carers experiences, struggles and supportive measures how to overcome those carers problems.

Challenges:

To focus on strengthening and empowering of the community based organizations is a challenging.

To expansion of the carers programme in 20 mandals of the Kurnool and Anantapur districts is a challenging.

To promote and sustainability Thrinethra carers association in depending functioning is a challenging

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Photo Gallery

Mandal Level Carers Meeting



South Indian Carers dissemination work shop



CBO's Conference, APD, Bangalore



Street Play / Cultural Program



Community Care Center Teacher Training



CBO's Training



Staff Trainings



Visitors programme



Carers Meeting



Carers' day celebrations



